

# School Wellness Policy Building Assessment Tool

School Name:

District Wellness Contact Name/E-mail:

This tool is to be completed to document each school's progress in meeting the expectations of the district's wellness policy. Schools should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of all goals.

Wellness Policy Language <i>(add more lines for goals as needed and change goal titles based on local policy language)</i>	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges and/or barriers of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
<b>Nutrition Education and Promotion Goals</b>					
1.					
2.					
3.					
4.					
<b>Physical Education and Physical Activity Goals</b>					
1.					
2.					
3.					
4.					
<b>Nutrition Guidelines for All Foods Available to Students</b>					
1.					.
2.					
3.					
4.					
<b>Other School Based Activities Goals</b>					
<b><i>Integrating Physical Activity into the Classroom Settings</i></b>					
1.					
2.					
3.					
4.					
<b><i>Communication with Parents</i></b>					
1.					

2.					
3.					
4.					
<b>Food Marketing in Schools</b>					
1.					
2.					
3.					
<b>Staff Wellness</b>					
1.					
2.					